



Fresno-Madera Area Agency on Aging

Skill Area:

Food Service Management and Nutrition Education

Competencies: DI 1.1, DI 1.3, DI 2.2, DI 2.3, DI 2.4, DI 2.6, DI 2.7, DI 2.9, DI 3.1a, DI 3.5, DI 3.7, DI 4.2, DI 4.4, DI 4.5, DI 4.11

Intern Duties:

- Complete home visit assessments
- Complete phone assessments
- Create handout and presentation on sugar substitutes
- Create congregate lunch recipe
- Monitor congregate meal site

Rotation Reflection:

Working with the elderly population has always been a goal of mine, so I was very pleased to have had the opportunity to work for AAA. Learning about the different programs and services AAA offers to the elderly was very heart-warming, and it completely exceeded my expectations. This rotation has allowed me to become familiar with the Home Delivery Meal program and other programs that are similar. Meals for AAA are provided from the Fresno County EOC kitchen, and I was able to get an extensive tour and learn about other programs the EOC kitchen serves such as Head Start and After School Meal program.